



Therapeutic Massage is a versatile and meaningful career that offers the opportunity to work with individuals in a variety of professional settings to maximize their quality of life. It's becoming more accepted as both a preventative care and as a necessary treatment for people with certain health concerns and conditions.

Massage Therapy is the systematic manipulation of the soft tissues of the body for the purpose of increased circulation of blood and lymph, pain reduction, relaxation and restoration of health and well being of the client.



Program Objective

The Therapeutic Massage Allied Health Degree program is designed to prepare graduates for entry-level employment as a massage therapist.

Students will be equipped to apply techniques learned in the classroom to include Swedish Massage, Neuromuscular techniques, Infant and Prenatal Massage, Sports Massage, Hydrotherapy, Asian, Reflexology, Myofascial Trigger Point Therapy, chair massage, site-specific techniques, and treatment of common chronic and sub-acute illnesses and injuries.

Students will learn treatment planning and will review for the National Board Exam, as well as general education courses for Therapeutic Massage and Bodywork. Clinical experience is incorporated to provide an integrated approach in learning the needed skills for competency in a professional massage practice.

Employment Outlook

According to the Bureau of Labor Statistics, the occupation of Massage Therapists is projected to grow much faster than the average of all occupations through 2024 — **an employment increase of 22%.***

**These national statistics are not geographically assigned. For more information, please see IBMC's Career Services Department.*

Course Area / Minimum Credit Hours

BUSINESS SKILLS / 8

- (4) CMS111 Career Marketing Strategies
- (4) MTP124 Entrepreneurship

COMPUTER SKILLS / 3

- (3) CIS110 Fundamental Computer Skills

MEDICAL SKILLS / 20

- (4) MAP110 Medical Terminology
- (4) MAP121 Anatomy & Physiology: Structure & Movement
- (4) MAP122 Anatomy & Physiology: Control & Metabolism
- (4) MAP123 Anatomy & Physiology: Circulation & Life
- (4) MAP185 Medical Law & Ethics

MASSAGE SKILLS / 40

- (4) MTP100 Pathology
- (4) MTP109 Introduction to Therapeutic Massage Principles
- (3) MTP114 Hydrotherapy
- (3) MTP116 Therapeutic Modalities
- (3) MTP121 Swedish Massage
- (3) MTP125 Neuromuscular and Myofascial Therapies
- (3) MTP123 Asian Bodywork
- (3) MTP210 Clinical Practicum
- (4) MTP285 Clinical Analysis & Concepts
- (4) MTP290 Therapeutic Massage & Bodywork Review
- (3) KIN211 Applied Kinesiology: Upper Body
- (3) KIN212 Applied Kinesiology: Lower Body

GENERAL EDUCATION / 20

- (4) ENG121 English Communications*
- (4) MTH120 College Mathematics*
- (4) PSY107 Psychology of Success
- (4) PSY134 General Psychology*
- (4) SPH111 Principles of Speech*

TOTAL CREDITS / 91

**Meets General Education Requirements for A.O.S. Degree*

Instructor/Student Ratio:

- Theory class: 1 instructor per 30 students
- Lab class: 1 instructor per 16 students

Career Potential

Graduates are employed by: massage clinics, private practices, healthcare facilities, pain management centers, spas, salons, health and fitness clubs, sports teams, and chiropractors.



- Fort Collins
- Greeley
- Longmont
- Colorado Springs
- Cheyenne

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