



## Diploma THERAPEUTIC MASSAGE

Program available at the Fort Collins, Longmont and Colorado Springs, CO and Cheyenne, WY campuses

Compassionate, self-motivated individuals are best suited for a career in Therapeutic Massage. The art and science of massage is a branch of complementary healthcare that works to improve a person's health and well-being through hands-on manipulation of muscles and other soft tissues of the body. There's an ever-increasing acceptance of massage as a holistic approach to healthcare and health maintenance. As a result, opportunities for Massage Therapists are abundant.



### Program Objective

The Therapeutic Massage Diploma program is designed to prepare graduates for entry-level employment as a Massage Therapist.

Students will be equipped to apply techniques learned in the classroom to include Swedish Massage, Neuromuscular techniques, Infant and Prenatal Massage, Sports Massage, Hydrotherapy, Asian, Reflexology, Chair Massage and site-specific treatment techniques.

Clinical experience is incorporated to provide an integrated approach in learning the needed skills for competency in a professional massage practice.

### Employment Outlook

According to the Bureau of Labor Statistics, the occupation of Massage Therapists is projected to grow much faster than the average of all occupations through 2024 — **an employment increase of 22%.\***

*\*These national statistics are not geographically assigned. For more information, please see IBMC's Career Services Department.*

### Course Area / Minimum Credit Hours

#### BUSINESS SKILLS / 8

- (4) CMS111 Career Marketing Strategies
- (4) MTP124 Entrepreneurship

#### MEDICAL SKILLS / 16

- (4) MAP110 Medical Terminology
- (4) MAP121 Anatomy & Physiology: Structure & Movement
- (4) MAP122 Anatomy & Physiology: Control & Metabolism
- (4) MAP123 Anatomy & Physiology: Circulation & Life

#### MESSAGE THERAPY SKILLS / 33

- (4) MTP100 Pathology
- (4) MTP109 Introduction to Therapeutic Massage Principles
- (3) MTP114 Hydrotherapy
- (3) MTP116 Therapeutic Modalities
- (3) MTP121 Swedish Massage
- (3) MTP125 Neuromuscular and Myofascial Therapies
- (3) MTP210 Clinical Practicum
- (4) MTP290 Therapeutic Massage & Bodywork Review
- (3) KIN211 Applied Kinesiology: Upper Body
- (3) KIN212 Applied Kinesiology: Lower Body

#### GENERAL EDUCATION / 4

- (4) PSY107 Psychology of Success

#### TOTAL CREDITS / 61

#### Instructor/Student Ratio:

- Theory class: 1 instructor per 30 students
- Lab class: 1 instructor per 16 students

#### Career Potential

Graduates are employed by: massage clinics, private practices, healthcare facilities, pain management centers, spas, salons, health and fitness clubs, sports teams, and chiropractors.