Therapeutic Massage is a versatile and meaningful career that offers the opportunity to work with individuals in a variety of professional settings to maximize their quality of life. It’s becoming more accepted as both a preventative care and as a necessary treatment for people with certain health concerns and conditions.

Massage Therapy is the systematic manipulation of the soft tissues of the body for the purpose of increased circulation of blood and lymph, pain reduction, relaxation and restoration of health and well being of the client.

Program Objective

Students will be equipped to apply techniques learned in the classroom to include Swedish Massage, Neuromuscular techniques, Infant and Prenatal Massage, Sports Massage, Hydrotherapy, Asian, Reflexology, Myofascial Trigger Point Therapy, chair massage, site-specific techniques and treatment of common chronic and sub-acute illnesses and injuries.

Students will learn treatment planning and will review for the Massage and Bodywork Licensing Examination, as well as general education courses.

Clinical experience is incorporated to provide an integrated approach in learning the needed skills for competency in a professional massage practice.

Employment Outlook

According to the Bureau of Labor Statistics, the occupation of Massage Therapists is projected to grow much faster than the average of all occupations through 2022 — an employment increase of 23%.*  

*These national statistics are not geographically assigned. For more information, please see IBMC’s Career Services Department.