



Diploma

THERAPEUTIC MASSAGE

Program available at all IBMC College campuses

Compassionate, self-motivated individuals are best suited for a career in Therapeutic Massage. The art and science of massage is a branch of complementary healthcare that works to improve a person's health and well-being through hands-on manipulation of muscles and other soft tissues of the body. There's an ever-increasing acceptance of massage as a holistic approach to healthcare and health maintenance. As a result, opportunities for Massage Therapists are abundant.

→ Program Objective

The Therapeutic Massage Diploma program is designed to prepare graduates for entry-level employment as a Massage Therapist.

Students will be equipped to apply techniques learned in the classroom.

Clinical experience is incorporated to provide an integrated approach in learning the needed skills for competency in a professional massage practice.

→ Employment Outlook / Career Potential

- Much faster than average of all occupations through 2026 — **an employment increase of 26%.***
- Licensed Massage Therapists can be employed by massage clinics, spas and salons, resorts, private practices, healthcare facilities, pain management centers, health and fitness clubs, sports teams and/or chiropractors.

*U.S. Bureau of Labor Statistics Occupational Outlook Handbook: Massage Therapists. For more information, please see IBMC's Career Services Department.

→ Course Area / Minimum Credit Hours

MEDICAL SKILLS / 8

- (4) MTA111 Medical Terminology & Anatomy Basics I
- (4) MTA112 Medical Terminology & Anatomy Basics II

MASSAGE THERAPY SKILLS / 33

- (4) MTP100 Pathology
- (4) MTP109 Introduction to Therapeutic Massage Principles
- (3) MTP116 Therapeutic Modalities
- (3) MTP121 Swedish Massage
- (3) MTP125 Neuromuscular and Myofascial Therapies
- (3) MTP130 Hydrotherapy and Eastern Modalities
- (3) MTP210 Clinical Practicum
- (4) MTP290 Therapeutic Massage & Bodywork Review
- (3) KIN211 Applied Kinesiology: Upper Body
- (3) KIN212 Applied Kinesiology: Lower Body

BUSINESS SKILLS / 8

- (4) CMS111 Career Marketing Strategies
- (4) PSY107 Psychology of Success

TOTAL QUARTER CREDITS / 49

TOTAL WEEKS / 40

Instructor/Student Ratio:

- Theory class: 1 instructor per 30 students
- Lab class: 1 instructor per 16 students



- Fort Collins
- Greeley
- Longmont

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