

# MASSAGE CLINIC SERVICES AT IBMC COLLEGE



## EXTERN MASSAGE PRICES

**EXTERN:** Externs are in the final 5-weeks of their Therapeutic Massage program.

MASSAGE TYPE	30-MIN	60-MIN	90-MIN
IBMC Signature Massage	-	\$45	\$55
Swedish Massage	\$35	\$40	\$50
Deep Tissue Massage	\$35	\$45	\$55
Hot Stone Massage	-	-	\$60
Sports Massage	\$35	\$45	\$55
Chair Massage	SPECIAL PRICING, SEE BELOW		
Therapeutic Cupping w/ Swedish Massage	-	\$55	\$65
Facial Toning Massage w/ Full Body Swedish	-	\$50	\$60
Cold Stone Therapy	-	-	\$55
Foot Massage/Scrub*	\$35*	-	-
Thai Ball Detoxifying Massage	-	-	\$70
Focus Area Cupping	\$35	-	-

**Chair Massage:** \$1 per minute / 10 minute minimum (20 minute maximum)

" - " Indicates pricing options not available for that massage type | \*Scrub add-on an additional \$25/30-minutes

### IBMC SIGNATURE MASSAGE

A Swedish massage enhancement that includes a customized aroma lotion with aromatic deep breathing, fragranced soothing eye pillow, and heat treatment *Choice of either a heated rice pack or hot towels is included with a customized 60-massage.*

### SWEDISH MASSAGE

One of the most popular massages, designed with long flowing movements that help eliminate stress and provide relaxation. Swedish massage is a great way to let the stress of the day fade away

### DEEP TISSUE MASSAGE

Is a combination of Swedish application with a deeper, more-focused pressure that is designed to help relieve chronic aches and pains. Great for post-work out rehabilitation and to help reduce scar tissue.

### HOT STONE MASSAGE

This technique gently incorporates using hot stones throughout your massage to promote maximum relaxation and circulation.

### SPORTS MASSAGE

This style of massage is focused on helping to prevent injuries, preparing the body for athletic events and aid in recovery from work outs and injuries.

### CHAIR MASSAGE

Is massage designed for people on the go, with sessions usually lasting 10- to 20-minutes. The massage is performed on an ergonomic chair, through the clothes, focusing on key tension areas which include: neck, back, shoulders and arms. Great for the office professionals and people who spend a lot of time at their desks.

### THERAPEUTIC CUPPING WITH SWEDISH MASSAGE

Cupping is an ancient therapeutic technique that uses a vacuum-like technique to draw toxins and other stagnant fluids to the surface of the skin for elimination. It is an effective method of treating a variety of diseases and disorders; like bronchitis, headaches, soreness and even cellulite. This treatment along with Swedish massage, gives your body a thorough healing advantage. *Cupping does cause bruising that can last 10-14 days. It is not performed on anyone using blood thinner medications or having blood bleeding disorders, anemia, open wounds, skin rashes or damage.*

#### Please note:

- All services may require either the guest or therapist to wear facial covering, while in close proximity, until otherwise indicated.
- Not all services are available at all times with all therapists.

## GRADUATE MASSAGE PRICES

**GRADUATE:** IBMC graduates who are licensed massage therapists with the state of Colorado.

MASSAGE TYPE	30-MIN	60-MIN	90-MIN
IBMC Signature Massage	-	\$55	\$70
Swedish Massage	\$40	\$50	\$60
Deep Tissue Massage	-	\$55	\$70
Hot Stone Massage	-	-	\$75
Sports Massage	\$40	\$60	\$70
Chair Massage	SPECIAL PRICING, SEE BELOW		
Therapeutic Cupping w/ Swedish Massage	-	\$65	\$75
Facial Toning Massage w/ Full Body Swedish	-	\$65	\$70
Cold Stone Therapy	-	-	\$70
Foot Massage/Scrub*	\$40*	-	-
Thai Ball Detoxifying Massage	-	-	\$75
Sports Cupping	\$40	-	-

**Chair Massage:** \$1 per minute / 10 minute minimum (20 minute maximum)

### FACIAL TONING MASSAGE WITH FULL BODY SWEDISH

A customized collagen stimulating facial massage that promotes muscle tone by using Shiatsu pressure point techniques and miniature cold stones therapy to points on the face and neck. This increases circulation and enhances collagen production for better tone. *This therapy is added with a 60-minute Swedish relaxation massage providing a great way regenerate and renew!*

### COLD STONE THERAPY

Cold Stones are remarkable tools for soothing aches and decreasing inflammation to body tissues. Cold applications narrow blood vessel tissues — decreasing pain, then during warming stages, circulation and healing increases. Cold Stones combined with a relaxing Swedish massage create a unique combination of injury rehabilitation and muscle relaxation. *Cold stones are only applied to upper body-clients can request cold/ hot stone contrast therapy- 30 min. treatments are focused to one area, not full body.*

### FOOT MASSAGE/SCRUB

A customized Aromatherapy foot scrub using your choice of essential oils, scrub medium; salt/sugar, soothing hot stones and hot towel wrap on your feet. This therapy, combined with pressure point reflex massage on specific areas of the feet, ankles and lower legs enhances circulation, relaxation and promote over all healing. *This service can be added to any Swedish massage modality for \$20, will require 90-minute booking.*

### THAI BALL DETOXIFYING MASSAGE

Thai Ball herbal compresses are made from a variety of naturally detoxifying herbs, wrapped tightly into a cotton gauze ball. Thai Balls soak in hot water, are cooled slightly, then compressed against the skin in a variety of massage motions that draw toxins to the surface of your skin. This treatment alleviates pain, inflammation, & stiffness, but also promotes deep relaxation, decreases stress, and anxiety. Aromatic, warming and wonderful!



**Tips are greatly appreciated.**

**BOOK YOUR APPOINTMENT TODAY!**

**www.ibmc.edu**

**OR CALL 1-800-495-2669**



Scan to book your appointment or get more info!