

MASSAGE CLINIC SERVICES AT IBMC COLLEGE



EXTERN MASSAGE PRICES

Externs are in the final 5-weeks of their Therapeutic Massage program.

AVAILABLE TUESDAY - THURSDAY 3:00PM - 8:00PM

MASSAGE TYPE	30-MIN	60-MIN	90-MIN
Swedish Relaxation Massage	\$30	\$35	\$45
Neuromuscular Deep Tissue Massage	\$35	\$40	\$55
Sports Stretch/Massage	\$35	\$45	\$55
Foot Reflex Pressure Point Therapy	\$20	\$35	-
Shiatsu Facial Toning with Swedish Massage	-	-	\$60
Chakra Meditation Deep Tissue Therapy	-	-	\$70 (120min)
Pregnancy Massage	-	-	\$70

Pregnancy Massage: must be in 2nd or 3rd Trimester & not be high risk or have had prior complications with pregnancy

GRADUATE MASSAGE PRICES

IBMC graduates are licensed massage therapists with the state of Colorado.

AVAILABLE MONDAY - FRIDAY HOURS VARY BY THERAPIST

MASSAGE TYPE	30-MIN	60-MIN	90-MIN
Swedish Relaxation Massage	\$40	\$55	\$65
Neuromuscular Deep Tissue Massage	\$45	\$60	\$75
Sports Stretch/Massage	\$40	\$65	\$75
Foot Reflex Pressure Point Therapy	\$30	\$45	-
Shiatsu Facial Toning with Swedish Massage	-	-	\$75
Chakra Meditation Deep Tissue Therapy	-	-	\$75 (120min)
Pregnancy Massage	-	-	\$75

" - " Indicates pricing options not available for that massage type

SERVICE DESCRIPTIONS

SWEDISH RELAXATION MASSAGE

One of the most popular massages that uses a light to moderate pressure, and long flowing strokes to enhance relaxation and help eliminate stress.

NEUROMUSCULAR DEEP TISSUE MASSAGE

A Swedish massage that uses deeper pressure and more focused treatment to help relieve chronic pain. Deep tissue work uses a variety of range of motion and pressure point therapies to reduce scar tissue, increase circulation and improve injured areas.

SPORTS STRETCH/MASSAGE

A massage modality used to prevent athletic injury, enhance flexibility, aid in post event recovery time, stimulate circulation to muscle and connective tissues. Sports massage uses a variety of therapeutic massage modalities, range of motion, traction and stretching techniques.

FOOT REFLEX PRESSURE POINT THERAPY

Swedish massage for the feet the incorporates Reflexology pressure points. Reflex therapies improve organ health, increase overall circulation and relaxation throughout the body. 60 minute services includes hands, scalp, ears and a hot towel treatment on the feet.

SHIATSU FACIAL TONING WITH SWEDISH MASSAGE

A customized Swedish full body massage with added Shiatsu pressure point therapy to the face, neck, arms and scalp to stimulate collagen production, enhance bloodflow and promote facial toning. Includes a hot towel treatment with contrasting cold stone application.

CHAKRA MEDITATION DEEP TISSUE THERAPY (120 MINUTE SERVICE)

A combination of guided Chakra meditation balancing and deep tissue massage along the back and hips that also includes a signature Chakra aroma blend. This treatment is further enhanced by hand, foot and ear Reflex point therapy, a hot towels treatment for the feet and hot stone placement.

PREGNANCY MASSAGE

Must be in 2nd or 3rd Trimester & not be high risk or have had prior complications with pregnancy. Swedish relaxation massage that focuses on stress relief for mother and baby. Uses light to moderate pressure while in side-lying or supine position.

THERAPEUTIC CUPPING WITH SWEDISH MASSAGE

Cupping uses a vacuum-like technique to draw toxins and other stagnant fluids to the surface of the skin for elimination. It is an effective method of treating a variety of diseases and disorders; like bronchitis, headaches, soreness and even cellulite. This treatment along with Swedish massage, gives your body a thorough healing advantage. *Cupping does cause bruising that can last 10-14 days. It is not performed on anyone using blood thinner medications or having blood bleeding disorders, anemia, open wounds, skin rashes or damage.*

Please note:

- Not all services are available at all times with all therapists.

ENHANCEMENT SERVICES

Added only to 60 or 90 minute services, includes additional charges and time.

ENHANCEMENT TYPE	MINUTES	COST
IBMC Signature Service Aroma Therapy	-	\$5
Focused Area Cupping	15	\$15
Hot or Cold Stones	15	\$10
Focused Sugar/Salt Scrub	15	\$10
Full Body Sugar/Salt Scrub	30	\$30

Chair Massage: \$1 per minute / 10 minute minimum (20 minute maximum)

IBMC SIGNATURE SERVICE AROMA THERAPY

A massage enhancement that includes a customized aroma blend, hot rice pack for the back and cold pack for the eyes.

HOT OR COLD STONES

A massage enhancement technique that gently incorporates using hot or cold stones throughout your massage to promote maximum relaxation and circulation

SUGAR/SALT SCRUB

A massage enhancement with a customized full body or focused scrub using salt or sugar. This exfoliation treatment softens and removes dead skin cells and promotes circulation.

! Tips are greatly appreciated.

BOOK YOUR APPOINTMENT TODAY!

www.ibmc.edu

OR CALL 1-800-495-2669



Scan to get more info!